





WHY WE'VE MADE THIS GUIDE



MAKING CHANGE TOWARDS A BETTER FUTURE FOR ALL.

This month, we're asking our Movement to send our 5 New Year's Resolutions to their school, university or workplace, asking them to pledge to make changes towards a greener 2025.

The time for climate action is now – so we've made this guide with a few ideas on how to make these new years resolutions come to life!

A better future doesn't come from a few perfect people, it comes from millions of imperfect people trying to make changes for the in the right direction. Even implementing a few of these can make a huge impact!



MAKE THE TRANSITION TO RENEWABLE ENERGY

Use Renewable Energy Sources: Install solar panels, wind turbines, or other green energy systems.

Make Buildings Energy-Efficient: Upgrade lighting, insulation, and heating systems to save energy.

Switch to Green Energy Providers: Buy electricity from renewable energy suppliers.

Involve and Educate People: Teach students, employees, and the community about renewable energy and involve them in creative projects to find solutions.

Know that any step you take towards renewable energy is a step towards a greener future.

RESOURCES

Ethical Consumer

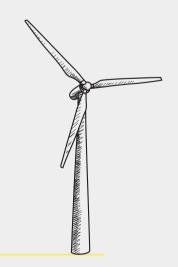
RenewableUK

Solar Energy UK

Energy Saving Trust

Carbon Trust

Ecotricity







RECYCLE PAPER, GLASS, PLASTIC, METAL AND OLD ELECTRONICS

Recycle Materials: Collect and recycle paper, glass, plastic, metal, and old electronics using signposted recycling stations.

Use Refurbished Electronics: Choose repaired or refurbished devices instead of new ones. They're often cheaper and work just as well!

Educate on Recycling: Find fun and creative ways to teach people the importance of recycling and how to do it properly.

Pick uniform from sustainable clothing suppliers that offer circular production (means it can be recycled at the end of it's life). Run a second hand uniform sale.

Compost food waste!

In 2023, the United Kingdom generated an estimated 40.4 million tonnes of commercial and industrial waste.

RESOURCES

Recycle your Electricals

Simpler Recycling

Materials Recovery

Circular Textiles Foundation







INCREASE PLANT BASED OPTIONS IN YOUR CANTEEN

Add More Plant-Based Meals: Offer a variety of plant-based dishes in the canteen.

Promote Plant-Based Choices: Find fun and creative ways to highlight these meals as tasty and healthy options, which are better for the planet.

Use Local Ingredients: Source fresh, local produce for plant-based recipes.

Take part in meat free Mondays: An office of 100 people participating in Meat Free Mondays could reduce their collective carbon footprint by approximately 0.36 metric tonnes of CO₂ annually!

RESOURCES

Friends of the Earth's 'Kale Yeah!' Toolkit

The Vegan Society's 'Catering for Everyone' Campaign

Public Sector Catering's Plant-Based Week





COMMUNITY

SUPPORT LOCAL INDEPENDENT BUSINESSES AND COMMUNITY PROJECTS.

Shop Locally: Buy from nearby shops, markets, and independent businesses.

Use Local Services: Choose local independent tradespeople, cafes, and restaurants.

Join Community Projects: Get involved in local events, clean-ups, or charity drives for climate action in your area.

Partner with the Community: Collaborate with local groups for shared goals like sustainability education.

Encourage and reward people for taking part in local climate action, like planting trees.

RESOURCES

<u>Shop Local</u>

Locally Yours

Small Business Saturday

Friends of the Earth Local Action





ACTION

CREATE A GREEN TEAM TO IMPLEMENT THESE INITIATIVES.

Form a Diverse Team: Bring together members with different skills and ideas to lead sustainability efforts.

Set Clear Goals: Define specific, measurable goals for initiatives like reducing waste, switching to green energy, and increasing plant-based options.

Create Action Plans: Develop detailed plans with tasks, deadlines, and resources for each initiative.

Raise Awareness: Educate and engage the community through workshops, campaigns, and events to build support for sustainability efforts.

Celebrate Earth Day 2025 by having a site wide day of action!

RESOURCES

SMART Goals Framework

Carbon Trust Target Setting

WRAP

Sustainable Development Goals (SDGs) Toolkit

F<u>riends of the Earth</u>



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